

14 December 2021

Dear Parents/Carers

Public Health England have confirmed a case of COVID-19 within Carterhatch Junior School.

We have followed the national guidance and have identified all pupils and staff who may have come into contact with the infected person on Friday 11 December 2020.

Members of staff and pupils in Year 3 and 4 Curie Class have been told to self-isolate for 10 days. This is a precaution to ensure we continue to reduce the risk to others and keep any possible infection contained. They have all been contacted and received a confirmation letter.

This is a single case centred and contained within in Year 3 and 4 Curie Class and no other year groups are affected. The self-isolation is a precaution to avoid an outbreak in the school.

This is a reminder that the virus is still around and that we all have a part to play in following the guidelines set out. I understand that the person infected is feeling well within themselves and experiencing mild symptoms and we wish them well.

We have taken advice from Public Health England and carried out their recommendations and the school will continue to remain open as planned.

**What to do if your child develops symptoms of COVID-19**

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared and advise the school of this.

All other household members who remain well must stay at home and not leave the house for **10 days**. The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

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If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family, for the duration of the home isolation period.

### **Symptoms of COVID-19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice by phoning NHS 111 or at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> .

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Thank you for your on-going support and co-operation in keeping everybody safe.

Yours sincerely

H. McGovern  
Headteacher