

Newsletter



We wish all our families a wonderful festive break and a Happy New Year. For those who are celebrating the Jewish holiday, we wish you Happy Hanukkah. Please go to page 3 to find out about events in January, with dates for our Year 3 class assemblies. School will close at 1:30pm on Wednesday 20 December and will re-open on Monday 8 January 2024 at 8:30am.

Suffolks Tea Time Club

There will be no walk over to Suffolks School on the last day, Wednesday 20 December and therefore **all children must be collected at 1.30pm**. Suffolks School will be **closed on Monday 8 January 2024** and therefore children must be collected at 3pm. The Tea Time Club will open from Tuesday 9 January 2024.

Money Week Challenge - Winter Sale – Monday 18 December from 2-3pm

We hope you can join us to buy the products our classes have been making. Please bring cash/change for your purchases. Our school choir will be singing festive songs whilst you browse the stalls.

Which class will make the most money and be crowned the winner – it is up to you?!

Goodbye to Adrienne Barrell at Carterhatch Infant School

Everyone would like to send their best wishes to Adrienne, Co-Headteacher at the Infant School, as she retires at the end of this term. We would like to wish her good health and happiness for the future.

Christmas Jumper Day - Tuesday 19 December

Children can wear their Christmas jumpers to school and will have parties in their classrooms. We will ask for donations at the school gates for the Save the Children Charity - they started the idea of Christmas Jumper Day.



Class Party Food - Tuesday 19 December

Due to Natasha's law, to protect people with food allergies, school will order food for class parties and we would ask for parents and carers to contribute towards the cost. All pupils must bring their water bottle to the parties. Please contribute £2 towards the parties via ParentPay. IF YOU HAVEN'T ALREADY MADE A £2 CONTRIBUTION, IT'S NOT TOO LATE. Please pay online by ParentPay or ask at the office for a payment letter for class parties. Thank you for your support.

After School Clubs

If you have applied for an After School Club for the Spring term and if your child has been allocated a place, you will receive a payment letter by Tuesday 19 December. Please ensure you make payment by Friday 5 January 2024. If payment is not received by this date, we will assume you no longer require the place and will allocate this to a child on the waiting list.

Clubs run on the following dates:

1st half term - week commencing 15 January to week ending 9 February 2nd half term - week commencing 19 February to week ending 29 March The Elms football club will finish on 22 March due to the Bank Holiday on 29 March

Free School Meal Entitlement - Vouchers for Christmas Closure

Next week, pupils who are entitled to Free School Meals will receive a £55 voucher via email. The vouchers will have an expiry date of 15 January 2024 and must be used by the date given on the email.

The Met Police 'Christmas Tree Appeal 2023'

The annual Christmas Tree Appeal has launched for Christmas 2023, to ensure thousands of children in London - who may otherwise go without a gift - wake up to one on Christmas Day. To support this cause, please click here.

Connect Trust termly newsletter

Please click here to read the Connect termly newsletter.

Mental Health Support Lines

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

https://www.nhs.uk/service-search/mentalhealth/find-an-urgent-mental-health-helpline

NHS

	Area	Boroughs covered	24/7 crisis line number	
	North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650	
١		Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444	
	North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023	
I	North	City & Hackney	0800 073 0006	
	East London	Newham	0800 073 0066	
		Tower Hamlets	0800 073 0003	
		Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000	
	South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000	
	South East	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864	
	London	Bexley, Bromley and Greenwich	0800 330 8590	

shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required

Text "SHOUT" to 85258 or visit

Shout Crisis Text Line

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support Call: 116 123 or email: jo@samaritans.org

Crisis

Crisis Tools helps professionals support young people in crisis short accessible video guides and text resources Sign up for free resources here

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight – 365 days a year)

childline

GROWNE, OH THE PHYSIC ANYTHR

<u>Childline</u> confidential telephone counselling service for any child with a problem

Call: 0800 1111 anytime or online chat with a counsellor

Urgent and other support available

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25 Call: 0808 808 4994 (11am – 11pm every day) or Email



Beat provide support to help young people who may be struggling with an eating problem or an eating disorder Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am – 8pm during the week and 4pm – 8pm on weekends and bank holidays)

keeth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine







NHS



Ilmahaagu ma fiicna?





Get expert health advice and guidance for *your* child this winter



Find all this information online and in other languages at bit.ly/nlchild or scan here



Bu kış çocuğunuz için uzmanından sağlık tavsiyeleri ve rehberliği edinin



Bu bilgilerin tümüne çevrim-içi ve başka dillerde erişin - bit.ly/nlchild veya burayı tarayın



La-talin iyo talo caafimaad oo takhasus leh u raadi ilmahaaga xilligan qaboobaha ah



Macluumaadkan ku hel qaab onlayn ah iyo isagoo ku qoran luuqado kale: bit.ly/nlchild ama halkan iskaan















Ofrohet përkthim

online



Uzyskaj porady i wskazówki od ekspertów na temat zdrowia Twojego dziecka tej zimy



Znajdź te wszystkie informacje online i w innych językach - bit.ly/nlchild lub zeskanuj tutaj



Traducere online disponibilă

Copilul dvs. nu se simte bine?

Obțineți servicii de consultanță medicală de specialitate pentru copilul dvs. în această iarnă

codurile	Febră	Tuse	Erupții cutanate	Durere de gât	Durere de stomac
scanați cod					
	Värsäturi	Dureri de urechi	Lovitură la cap	Probleme de respirație	Diaree
Pentru sfaturi,					

Găsiți toate aceste informații online și în alte limbi - bit.ly/nlchild sau scanează aici



Merrni këshilla dhe udhëzime eksperte për

A është sëmurë fëmija juaj?



Gjeni të gjitha këto informacione online dhe në gjuhë të tjera: bit.ly/nlchild ose skanoni këtu



Congratulations

Success Certificates

Congratulations! The pupils awarded success certificates since our last newsletter are:

Year 3: Roj, Khyara, Victoria, Tom Year 4: Lutfu, Emilia, Mackenzie, Asho Year 5: Kaan, Ada, Asma, Abel, Soraya

Year 6: Zara, Jodie, Xavier, Patrisia, Yavuz, Jahlana-Jade

Always Stars

Our "Always Stars" are awarded an enamel badge to wear to school every day to show that they always work hard and uphold our school values, are a good role model and are proud to be part of our school. They are always a credit to our school and their families.

Our pupils have the opportunity to become an 'Always Star' once during their time in Years 3 and 4 and once again during Years 5 and 6.

The pupils awarded an "Always Star" badge since our last newsletter are:

Year 3: Muhammed Year 4: Nour, Samuel Year 5: Ceren, Mila, Amelia Year 6: Abdelhamid

Congratulations for Best Attendance in December

8 December 4 Vaughan 97.8%

Dates for your Diary

18 December Money Week Winter Sale 2.00-3.00pm19 December Christmas jumper day & class parties

20 December Last day of term - 1.30pm finish No Suffolks Tea Time Club drop-off

21 Dec - 7 Jan Christmas Holidays - school closed

8 January 2024 Pupils return to school No Suffolks Tea Time Club

2024

Wednesday10 January 5 Ofili swimming programme begins for 10 weeks on Wednesdays

15 January Eco Council poster competition launches

Friday 26 January 3 Khan - class assembly at 9am Friday 2 February 3 Banjo - class assembly at 9am

5-8 February Book Fair

Thursday 8 February

12-16 February

19 February

20 February

3 Baker – class assembly

School closed - Half term

School closed - Inset day

Pupils return to school

28 March Last day of spring term - Early finish (1.30pm) No Suffolks Tea Time Club drop-off

29 March-12 April School closed - Easter Holidays (Including Bank Holiday)

15 April Pupils return to school No Suffolks Tea Time Club - closed for staff training

6 May School closed - Bank Holiday

27-31 May School closed - Half term (Including Bank Holiday)

3 June Pupils return to school

23 July Last day of Summer term - Early finish (1.30pm) No Suffolks Tea Time Club drop-off

24 July-31 August School closed - Summer Holidays

School term dates are also on our website

Letter from the Mayor London – Universal Free School Meals

MAYOR OF LONDON

Date: December 2023

Dear Parent/Carer,

As the end of term approaches, I wanted to write to you to let you know how successful our Universal Free School Meals programme has been. I'm pleased to say I've now provided more than 10 million free lunches to primary school pupils in state-funded schools across our city since September. As part of our emergency intervention to help with the cost of living crisis, I'll continue to fund millions more free school meals until at least the end of this academic year, ensuring children don't go hungry and saving families hundreds of pounds.

I'm doing this because I know many parents and carers are desperately struggling with the cost of living right now. As someone who received free school meals myself growing up, I know they can be a lifeline to people who are finding it hard to make ends meet and that they can also help children concentrate in the classroom and reach their full potential.

As Mayor of London, I also fundamentally believe that feeding our children shouldn't be an optional luxury but should rank as one of our society's top priorities. Making sure our children are properly fed and healthy is vital to building a better London for everyone – a city that is fairer, safer, more inclusive and more prosperous for all.

I've been deeply touched by the heartfelt messages I've received from both parents and pupils, who've told me what these free school meals mean to them. I know times are still tough for many families across London, so I sincerely hope this programme will continue to make a meaningful difference to you and your children, particularly as the days get colder and energy bills remain high.

Even though your child is receiving their free school meals automatically, it is still vitally important – if you have not already done so – to complete your school or borough's registration form in case your child is eligible for extra funding for their school, worth over £1,300 per year, plus any wider benefits for your family. For more information about this and anything else about the scheme, please visit our online hub: https://www.london.gov.uk/free-school-meals.

Families having difficulties with their financial situation can also access advice and support by visiting my cost of living hub here: https://www.london.gov.uk/programmes-strategies/communities-and-social-justice/help-cost-living.

I wish your family a happy and healthy winter break, and I hope your children are looking forward to their school meals when they return in the New Year.

Yours sincerely,

Sadiq Khan Mayor of London