



Speak out.

Stay safe.



NSPCC

Post Assembly

Success Criteria

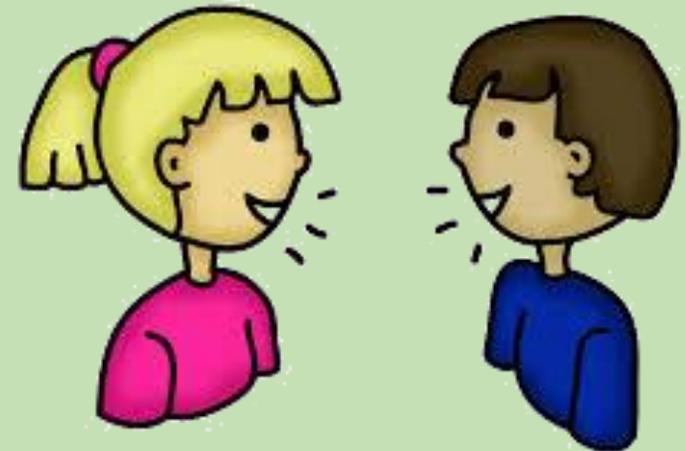
- To understand abuse in all its forms and recognise the signs of abuse.
- To understand that abuse is never your fault, and that you have the right to be safe.
- To know how to get help and the sources of help available to you, including the Childline service.

Who is Buddy? Do you remember what he represents?



Buddy is a speech bubble- he represents the right of ALL children to speak out and be safe.

What else can you remember from the assembly? Lets discuss.



It is **REALLY** important that you tell a trusted adult if you feel:

- Anxious
- Worried
- Hurt
- Unsafe
- Sad
- Frightened

It is **NEVER** a child's fault. If the situation doesn't change, it is very important to keep speaking out and telling a trusted adult until it changes.

Starter:

You will now be given a sheet. You will use this to make a list by writing or drawing all the trusted places, people and things that make you feel happy and safe.

This task is about YOU. Please write your name in the 'Magnificent Me' box at the top. Remember, it is fine if your list looks different to your partners.

To help you, you could ask yourself:

- **Where** do you feel the safest?
- **Who** can you talk to if you have a problem?
- **What** things make you feel happy and safe? A toy? Music?

In the assembly, we saw that when Ali was worried, she talked to a Childline counsellor.

Childline is a service just for children and young people where they can talk to someone if they're scared or worried about anything.

The Childline website is also a safe place full of information and games. We will now explore the activities available, if ever you wish to access these resources.

Watch first as I navigate the website for you and highlight sections you may later explore.

https://www.childline.org.uk/?in_type=under12service

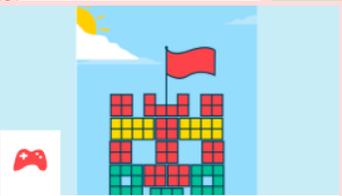
Your turn:

Here are the activities I have just introduced you to:



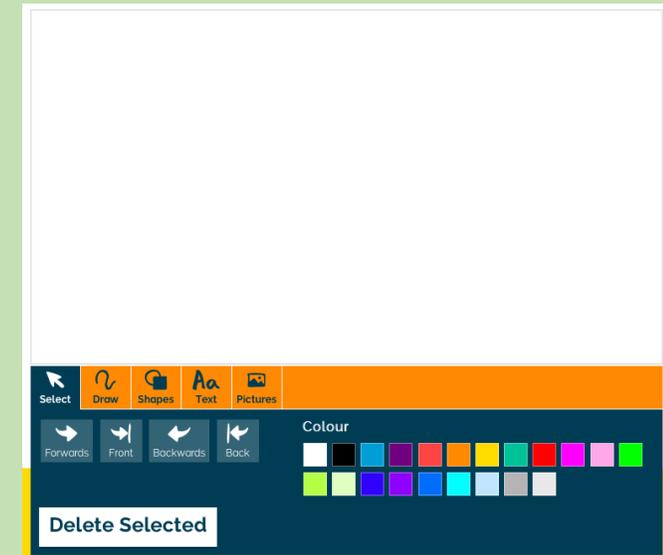
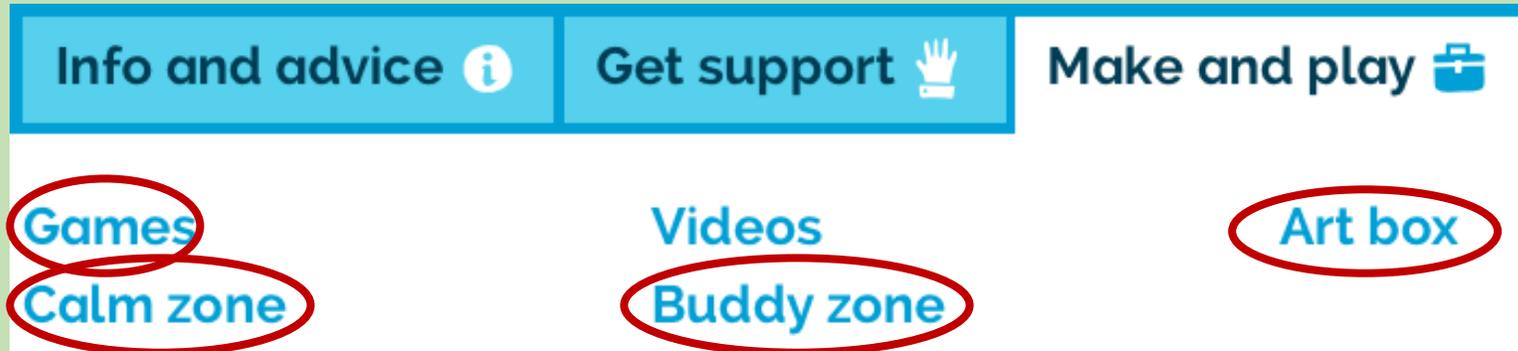
Build Your Happy Place

Create with happiness



Tower of Confidence

Build a tower made up of all the great things about you!



It is your turn to explore the Childline website.

On your iPads, scan your class barcode. Under 'Activities', you can access the link by clicking on it.

Buddy believes that children should be able to speak out if something is making them worried or sad.

If you are worried about anything, you can always talk to teachers or other school staff and adults you know and trust.

Childline is also there for all children to call, chat to online or email.



Call us on 0800 1111



Chat to us online



Email us

Now, repeat after
me...



In your whisper voices.

“I have the right to speak out and stay safe.”



In you normal voices.

“I have the right to speak out and stay safe.”



Now, in your BEST, LOUDEST voices.

“WE all have the right to speak out and stay
safe.”